Shira Kedem Ayalon is a clinical psychologist, supervisor and relational and group therapist. She is a graduate of the advanced relational program in the school of psychotherapy of Tel Aviv University, as well as formerly a committee member of the Israeli Relational Forum. Shira is currently in her last year of training in the Israeli Institute of Group Analysis. Shira is Supervising groups and individuals on individual and group therapy. Shira is treating a number of groups, couples and individuals and volunteers as needed to run groups for victims of emergency situations such as during the Covid period and the current war in Israel. She organized training sessions and seminars on group therapy and participated and presented her work in convention panels. She works in a private clinic in north Tel Aviv and also in charge of the psychological and group therapy in a public health clinic for adults - Hatikva clinic in Tel Aviv. Patients in the public clinic usually come from lower socio-economic background. She finds this a part of her social agenda and feels that there is added value to using the relational approach and group therapy in this setting. Her interest areas include combining relational approaches and developmental theories, relational approaches with group therapy and psychoanalyses with literature.